BeyondLabels



An Invitation for Fathers, Sons, and their Families. Rebuild after Fire, Flood, and Drought.

WHAT'S ON

Unpacking trauma through campfire storytelling.
Live acoustic music, hot drinks & bush tucker.
Relaxed natural environment with on-site MHFA Support.

YOUR NIGHT

Roll out a swag under the stars.
Connect, share stories and feel empowered to move forward.

YOUR MORNING

Enjoy a hot bush tucker breakfast and breakfast.
Take ownership of your growth.
Chat privately about your next steps.

FARMERS FOREST CAMP OUT

RECONNECT & RECHARGE

A restorative overnight experience for farmers, fathers, sons and their families - creating space to connect, reflect and rebuild after fire, flood and drought.

19-20 SEPTEMBER 2026
4:00 PM start • 8:00 AM finish

ALEXANDRA / EILDON, VIC
Exact location shared after registration

FREE EVENT
Optional gold coin donation for breakfast

A SPACE TO PAUSE, CONNECT & MOVE FORWARD

WHO IS IT FOR?

Adults and young people aged 14+ looking to unwind, connect and build mental resilience - particularly farming families navigating fire, flood and drought.

WHAT CAN YOU EXPECT?

Campfire storytelling, acoustic music, hot drinks, bush tucker dinner, practical conversations, private debrief opportunities and on-site mental health and first-aid support.

LIMITED PLACEMENTS AVAILABLE

Register to receive the full location and event details.

Supported by a Look Over the Farm Gate grant provided by Agriculture Victoria under the Victorian Government's 2025 Drought Support Package.

MITCHELL SHIRE COUNCIL | Murrindindi Shire Council | Strathbogie SHIRE COUNCIL

YOUR CAMP OUT GUIDE

A simple, practical schedule designed around connection, reflection and community

TIMEWHAT'S	HAPPENING
4:00–5:30 PM	**Arrival & Welcome** — Arrive, settle in and share a warm fireside welcome with hot tea, coffee and hot chocolate.
5:30–6:30 PM	**Bush Tucker Dinner** — Gather around the fire for a simple, hearty dinner and good company.
6:30–8:30 PM	**Campfire Stories & Unpacking Trauma** — Hear lived-experience stories and practical coping tools in a safe, respectful space with on-site mental health and first-aid support.
8:30 PM onwards	**Under the Stars & Private Debriefs** — Roll out your swag for an overnight camp and take time to process the evening at your own pace.
Sunday 7:00–8:00 AM	**Cooked Breakfast & Moving Forward** — Wake up fresh, enjoy breakfast and reflect on your next steps.

MEET THE STORYTELLERS

Walking the Path of Lived Experience — leaders bringing practical insight, lived experience and tools for resilience.



Belinda Tardini

Peer Support Coordinator & Lived Experience Advocate

A decade in community mental health and a deep understanding of rural life. Belinda uses peer networks and lived experience to foster connection and emotional safety.

Tool focus: Peer connection & sustainable support.



Hugh Fraser

Holistic Wellbeing Consultant & Agri-Business Strategist

Former corporate leader who found purpose in holistic wellbeing after a personal health crisis. Bridges farm business and mental wellness.

Tool focus: Resilience in business & life.



Joseph (Jo) Zollo

Mental Health Trainer & Lived Experience Educator

Educator and advocate with experience in vocational training and martial arts therapy, bringing a personal story of recovery and purpose.

Tool focus: Martial arts therapy & virtues.



Yudha Scholes

Head of Art & 'Yudhaverse' Creator

Educator, father and community leader focused on practical tools for men's resilience, discipline, accountability and fatherhood.

Tool focus: Practical toolkit & fatherhood.

REGISTRATION & LOGISTICS

- Participant form collects registration and confidential details.
- Exact location is disclosed only after registration for privacy and safety.
- Limited placements available.
- Bring suitable outdoor clothing and personal camping essentials.

CONTACT & REGISTRATION

Website: beyondlabels.org.au
Email: beyondlabels@assistabilityaustralia.com.au
Phone: 0452 631 895
Register: Scan the QR code or visit the website to complete the form.

READY TO RECONNECT & RECHARGE?

REGISTER NOW
beyondlabels.org.au
Limited placements available

VICTORIA State Government

This event is supported by a Look Over the Farm Gate grant provided by Agriculture Victoria under the Victorian Government's 2025 Drought Support Package. #LookOverTheFarmGate

NATIONAL CENTRE FOR FARMER HEALTH